

Attacked from Within: Stereotype Threat & Impostor Syndrome

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Interested in learning more about the attacks? Find great resources here...

General Resources

Books to add to your (already too long) to-read list



Top Dog: The Science of Winning and Losing by Po Bronson and Ashley Merryman

Nurture Shock by Po Bronson and Ashley Merryman

How Children Succeed: Grit, Curiosity, and the Hidden Power of Character by Paul Tough

Willpower: Rediscovering the Greatest Human Strength by Roy Baumeister and John Tierney

Stereotype Threat



Website that has loads of useful information on stereotype threat - the go-to site on it:

reducingstereotypethreat.org

Article by Josh Aronson from *Educational Leadership*: bit.ly/ascdthreat

Study by Steele & Aronson on Stereotype Threat as it affects African Americans bit.ly/aronsonthreat

The Perils of Praise: bit.ly/dweck-praise

Video clip on the myth of praise: bit.ly/mythofpraise



Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do by Claude Steele

Impostor Syndrome



Valerie Young's site (companion to her book): impostorsyndrome.com/

Article by Lisa Rivero on Impostor Syndrome: bit.ly/riveroimpostor

Article by Ian Byrd on Impostor Syndrome: bit.ly/byrdimpostor

Periander Knocking Tall Poppies story: bit.ly/Periander

Introductory Article to the Dunning-Kruger Effect bit.ly/dunnkru

call to action



Share what you learned with at least one person.
Read at least one book.
Surf at least one site.