



1

What we usually see: a lack of value placed on things that feel tedious or stupid that others feel is important.

2



3

Can you effectively manage your time, materials, influx of information and emotions?

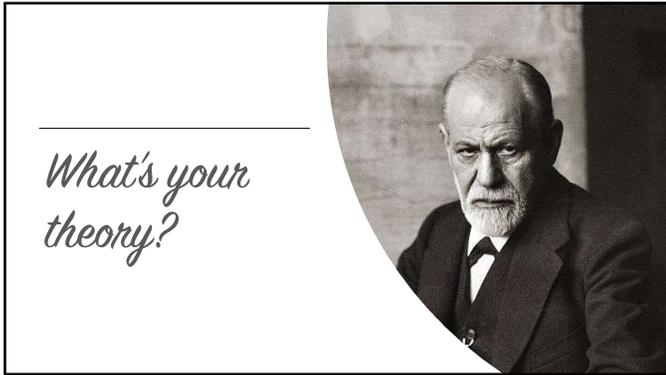
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In every situation, we ask, "What are the executive functioning skills this situation is demanding?"

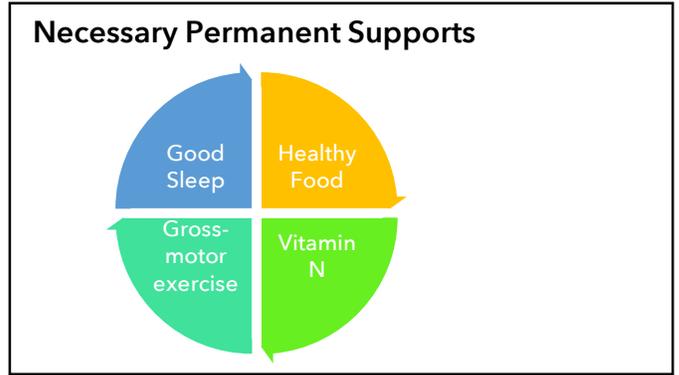
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7



8

### The key is planning with intention.

**Assignment Plan**

- Prepare to work
  - Write my first and last name legibly (so it can be read by other people easily).
  - Write today's date and my class number (if there is one).
  - Write the name of the assignment.
  - Read the directions twice. Ask my teacher if there is something I don't understand.
- Prep Time: Analyzing the assignment
 

Number of problems or questions	How long do I think this will take?	What materials do I need?	What prep work is needed?

This is a daily grade \_\_\_ quiz grade \_\_\_ test grade \_\_\_ other \_\_\_
- Complete the assignment

9

- Reflection
  - Did I invest the time the assignment deserved?
  - Did I write neatly enough that other people can read it easily?
  - Am I proud of my work?
  - If someone saw only this assignment, would it give them an accurate view of my ability?
  - Did I check carefully for small errors?
  - This assignment helped me develop my skills in all of the following (check):
    - \_\_\_ responsibility      \_\_\_ perseverance      \_\_\_ time management
    - \_\_\_ practice towards mastery      \_\_\_ review      \_\_\_ using materials
    - \_\_\_ using technology      \_\_\_ a new skill      \_\_\_ working with others
    - \_\_\_ working independently      \_\_\_ self-reliance      \_\_\_ thinking about my thinking
- Finishing the assignment
  - Turn it in where it is supposed to go.
  - Clean up the materials I used or am responsible for.
  - What do I do when I am finished with my work? Begin!

10

### And finding a system that works.

#### The Google Sheet Student Kanban Board

I created a simple board in Google Sheets that you can copy into your own Google Drive and share with students. If you're a parent, your child is welcome to use it.

11

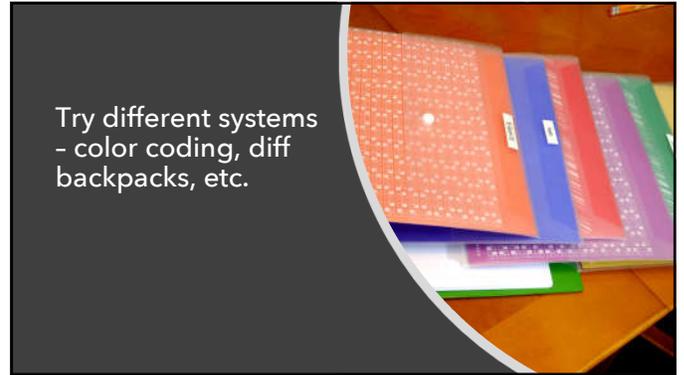


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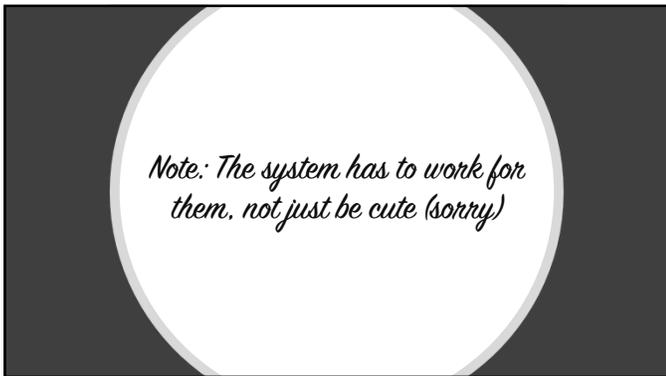
\*but they lose & break these, too, sooooo

13



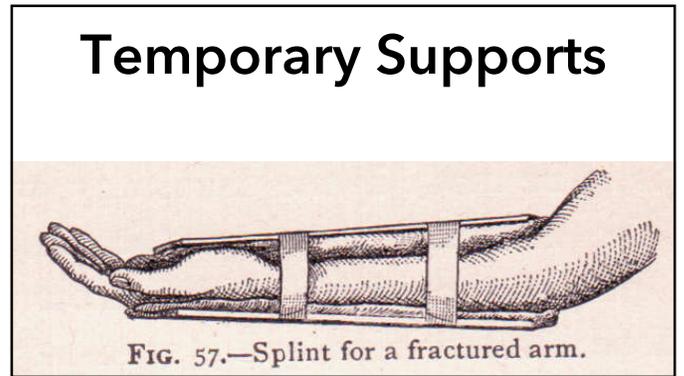
Try different systems  
- color coding, diff  
backpacks, etc.

14



*Note: The system has to work for  
them, not just be cute (sorry)*

15



## Temporary Supports

FIG. 57.—Splint for a fractured arm.

16



*Notes in  
folder*

17



*Daily check-  
ins /  
reminders*

18



19



20

### Self-check cards

- Did I ...insert whatever is the problem?
  - Put my name on the paper in the top left?
  - Complete all of the problems?
  - Write on only one side of the paper?
  - Make eraser holes in the paper? ↻

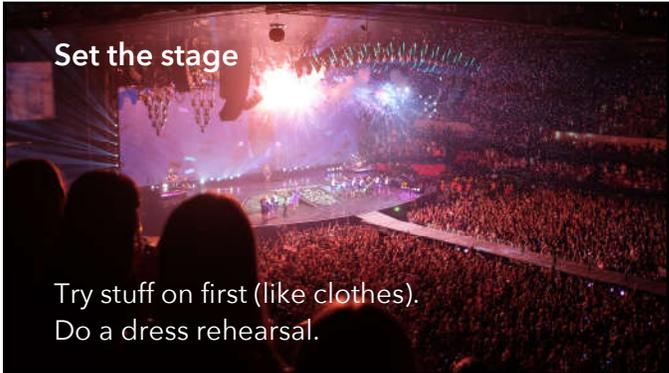
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### You can even use video.



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25



26

not just "write an essay" - give more narrow guidelines

---

**Narrow the scope**



27

**Structure the end of the day as well as you do the beginning.**

28



*Make sure there is time allocated for organization.*

29

**Video of processes accessible to parents**

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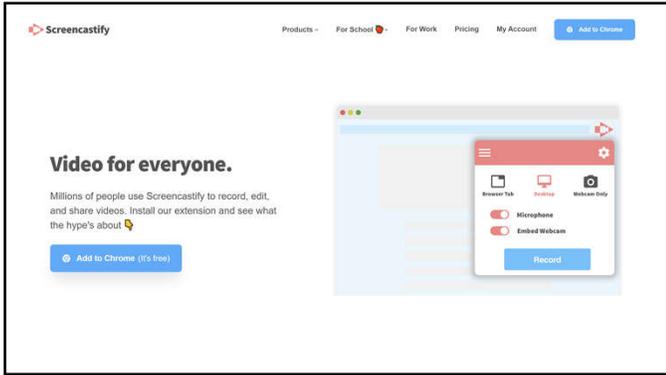
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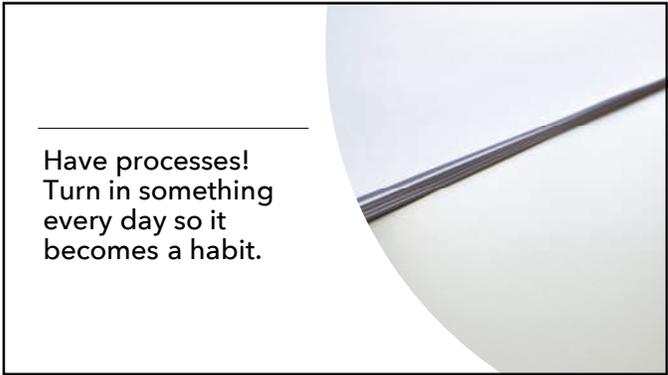
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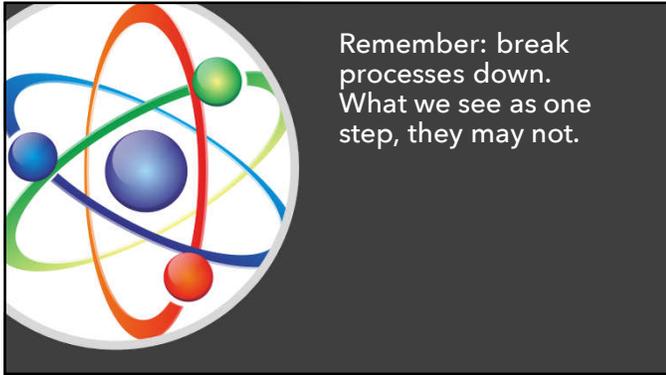
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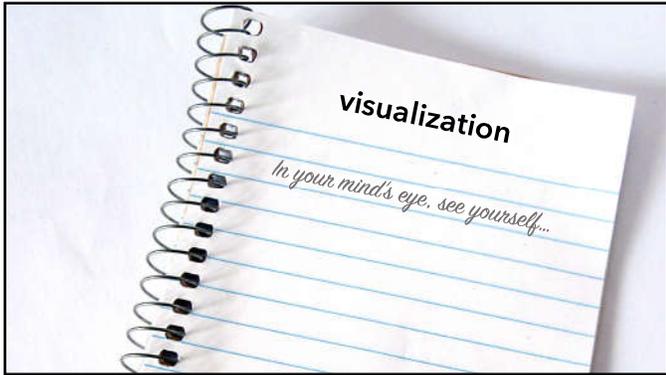
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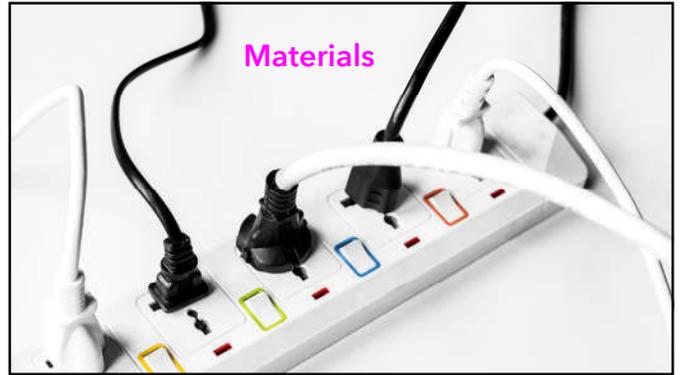
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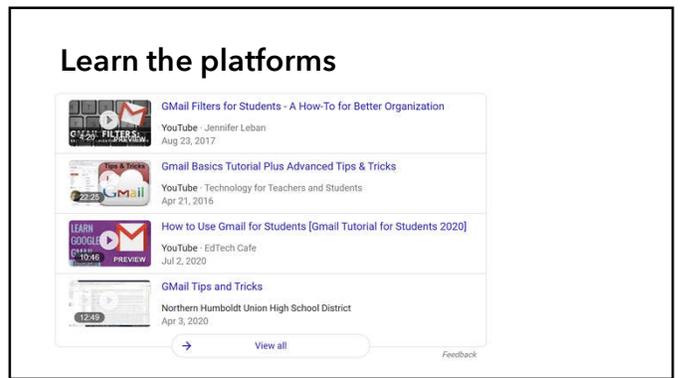
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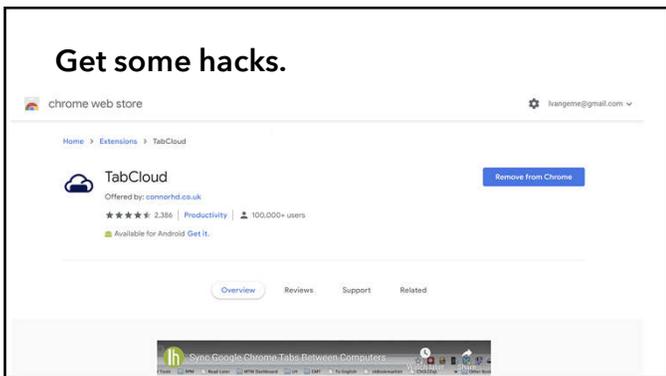
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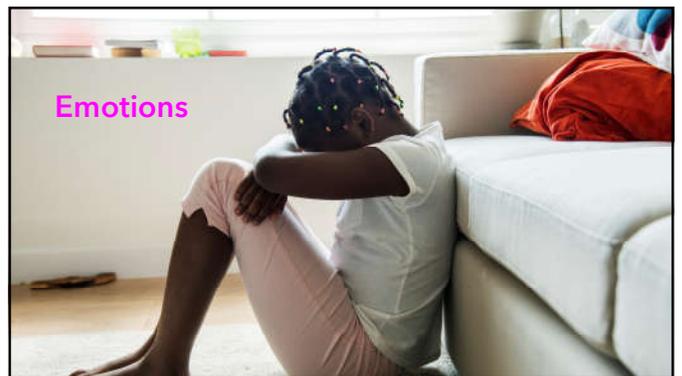
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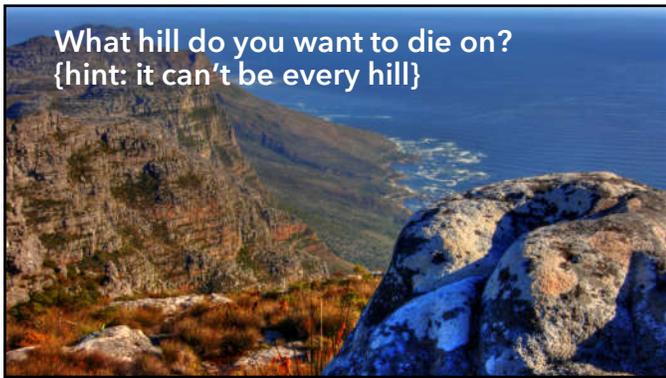
**Name them to tame them.**

43

**Brainstorm ideas when you're not actually in a storm.**

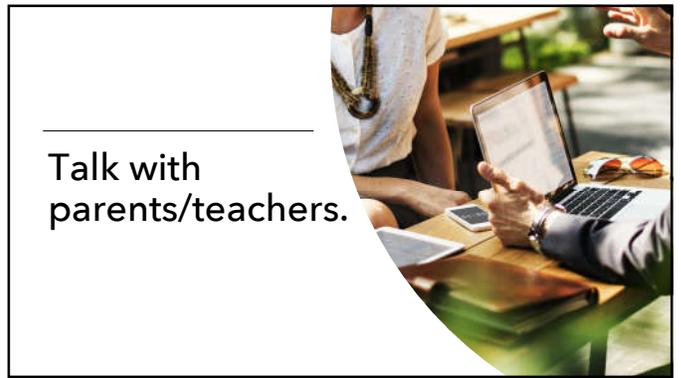
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**What hill do you want to die on?  
{hint: it can't be every hill}**



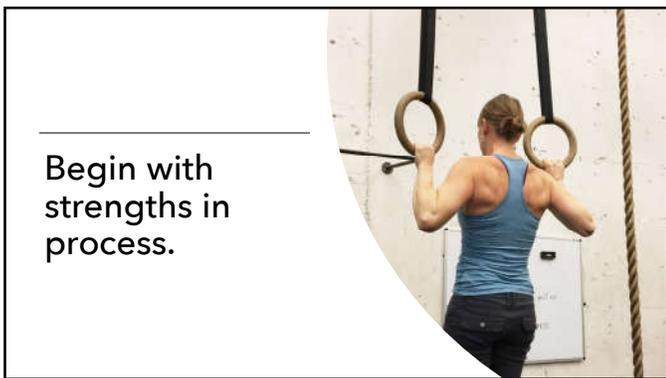
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**Talk with  
parents/teachers.**



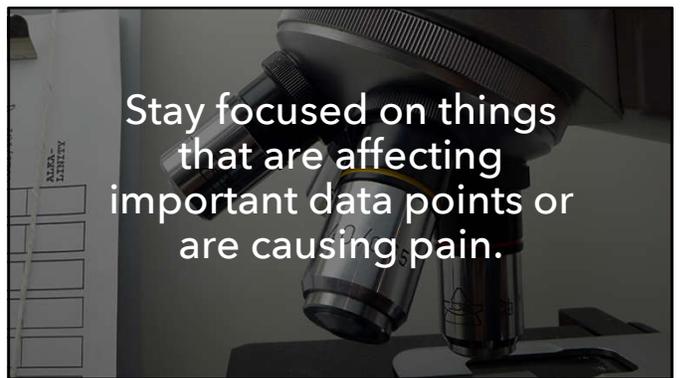
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**Begin with  
strengths in  
process.**



47

**Stay focused on things  
that are affecting  
important data points or  
are causing pain.**



48

Set micro,  
incremental  
goals.



49

**Don't prematurely  
abandon interventions.**

50

### Four-step EF Sequence

1. Do it *for* them.
2. Do it *with* them.
3. Watch *them* do it.
4. They do it *independently*.

51

### What is this experience asking?

- Time management
- Materials management
- Information management
- Emotional management

52

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